

University of Pretoria Yearbook 2019

Sports injuries 141 (EXE 141)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	6.00
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Quarter 1

Module content

*Closed – requires departmental selection

Biomechanic factors, causes of injuries, soft-tissue injuries, first aid (RICE), massage, strapping and CPR.

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